

## Sea Colony Swim Team (Sharks)

**Team Mission Statement:** Building a community based swimming program that will develop team sportsmanship, confidence in swimming and the ability to compete in dual, invitational and championship swim events.

### **Swim Team Mailing Address:**

Attention: Sea Colony Swim Team  
Freeman Fitness Center  
P.O. Box 480  
Bethany Beach, DE 19930

### **Sea Colony Contact Person:**

Jen Neal  
Freeman Fitness Center  
P.O. Box 480  
Bethany Beach, DE 19930  
[jneal@seacolonyrecreation.com](mailto:jneal@seacolonyrecreation.com)  
(302) 539-4511

### **Head Coach:**

Janna Schneider  
302-245-1843  
[Jbananaz1@gmail.com](mailto:Jbananaz1@gmail.com)  
Freeman Fitness Center  
PO Box 480  
Bethany Beach, DE 19930

## **PRACTICES AND MEETS** **WILL BE HELD AT THE SEA COLONY AQUATIC CENTER**

**Facility Information:** The *Aquatic Center* is a 6-lane, 25 meter pool with “competitive” starting blocks. The pool is rectangular shaped with the shallow end at 3 ½ ft and the deep end at 8 ft. The facility has locker rooms with showers. The deck is fairly large. There is deck furniture but please bring your own chair to ensure seating. Parking located around the Aquatic Center and at nearby Fitness Center. (No physical address for the Aquatic Center, please use the Freeman Fitness Centers address 38994 West Way Drive, Bethany Beach, De. 19930)

### **Pool Directions:**

From the West: Take Route 113 to Route 20. Follow Route 20 into the town of Dagsboro (Route 20 will turn into Route 26 at the first intersection in town.). Make a left turn at the second stop light and follow Route 26 until you get to the next stop light (there will be a white church to your right). Make a left turn at the stop light continuing onto Route 26. Heading east follow Route 26 through Clarksville, Millville and Ocean View. Turn right off of Route 26 unto Kent Ave. (this is the last stop light before your get junction Route 26 and Route 1). Stay on Kent until you get to the next stop light and make a right turn into Sea Colony West on West Way Dr. into Sea Colony West (the Sea Colony Tennis Center will be on your right). Follow West Way Dr. about ½ of a mile and you will see the Sea Colony Fitness Center on your left. The Aquatic Center is just past the Fitness Center on you left.

**From the North/South:** Take Route 1 to Route 26. Make a right (or left if coming form the South) turn unto Route 26 at the light and make your first left unto Kent Ave. Stay on Kent until you get to the next stop light and make a right turn into Sea Colony West on West Way Dr. (the Sea Colony Tennis Center will be on your right). Follow West Way Dr. about ½ of a mile and your will see the Sea Colony Fitness Center on your left. The Aquatic Center is just past the Fitness Center on you left.