



Swim Team Mailing address:

Ocean Pines Swim Team  
239 Ocean Parkway  
Ocean Pines, Maryland 21811  
[www.opsthammerheads.org](http://www.opsthammerheads.org)

Co-Head Coaches:

Gwendolyn Trice and Tristan Locke  
[gwendolyntrice@aim.com](mailto:gwendolyntrice@aim.com)  
69 Seafarer  
Berlin, Maryland 21811  
410-708-2810

Pool Facility address:

Swim and Racquet Club Pool  
Sea Breeze Rd (North Ocean Pines)  
Ocean Pines, Maryland 21811  
410-641-7227

Parent Representative:

Dave Blazer  
[davidblazer4@mchsi.com](mailto:davidblazer4@mchsi.com)  
236 Ocean Parkway  
Ocean Pines, Maryland 21811  
410-726-2235

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**Facility Information:** The Swim and Racquet Club pool is a 7-lane, 25-yard pool with non-turbulence lane lines, Colorado starting system and “competitive” starting blocks. The pool depth at the starting end is 12 feet and at the turn end is 4 feet. The facility has dressing rooms, spectator seating, parking and a snack bar.

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**Pool Directions:** From the West: Take Route 50 East to Route 90 East. Exit Route 90 at Route 589 exit. From Ramp, turn left onto 589 north. Turn right at the second traffic light onto Ocean Parkway at the North Ocean Pines entrance. Continue on the Parkway for 1.9 miles. Turn left onto Sea Breeze Road (third street after White Horse Park). Pool facility is at the end of the road.

From the North: Take 113 South. Six miles from Selbyville, DE Exit onto Route 589 (Ocean Pines) Take a left onto 589 south. Turn left (@2<sup>nd</sup> traffic light) onto Ocean Parkway at the North Ocean Pines entrance. Continue on the Parkway for 1.9 miles. Turn left onto Sea Breeze Road (third street after White Horse Park). Pool facility is at the end of the road.

From the South: Take 113 North to Route 90 East. Directions continue as “From the West”.

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**Hammerhead Swim Club History:** The team is an independent, nonprofit entity organized to promote positive sportsmanship, team spirit, dedication and self-improvement while nurturing the competitive aspects of swimming. OPST – known as the Hammerheads – was founded in 1975 and began competing in 1976.